

ABOUT US

WHO WE ARE

The Sexual Health Resource Centre (SHRC) is a service of the Acadia Students' Union, operating year-round to serve the Acadia Community. We are staffed by one full-time manager, student volunteers, and student peer educators.

OUR MISSION

The SHRC works to facilitate the advancement, growth, and development of sexual health knowledge and practices by providing education, resources, referrals, support, and access to products for the Acadia community.

OUR VALUES

THE SHRC is an inclusive, confidential, non-judgmental, sex positive, pro-choice organization. We believe every individual has the right to accurate, up-to-date, unbiased, evidence-informed information and services when it comes to sexual and reproductive health.

CONTACT US

VISIT US ON CAMPUS

Student Union Building
Room 509
(Upper mezzanine level)

Hours of Operation:
9:00 am - 4:00 pm
Monday - Friday

Visit our social media for updated hours and closure notifications

CONNECT VIA PHONE OR EMAIL

SHRC Manager:
Hannah Hutchinson
(902) 690-7928
SHRC.ASU@acadiau.ca

FIND US ON...



Instagram:
[@SHRCAcadia](https://www.instagram.com/SHRCAcadia)



Twitter:
[@SHRCAcadia](https://twitter.com/SHRCAcadia)

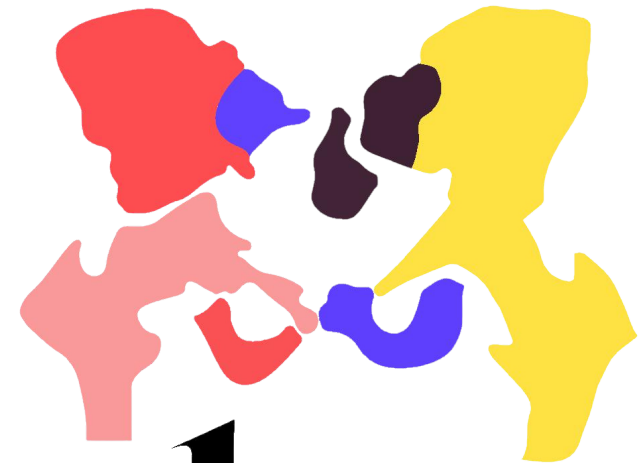


Facebook:
facebook.com/SHRCAcadia

Website:
www.theasu.ca/SHRC

SEXUAL HEALTH RESOURCE CENTRE

*A service of the Acadia
Students' Union*



shrc

PRODUCTS

We offer a variety of **free** products to anyone who needs them—this includes free **internal and external condoms**, free **pregnancy tests**, free personal **lubricant** testers, and free **menstrual products** (pads and tampons).

We sell at-cost gender affirming gear, and a variety of sex toys and safer sex products at **below retail market prices**. We are dedicated to providing our products at low prices, as affordability is central to our mission of accessible and sex-positive sex/sexuality education.

PROGRAMMING & WORKSHOPS

We offer a range of in-house and virtual educational programs. Our core workshops can be booked for groups of five or more and include:

- SHRC Introduction
- Safer sex [is fun] for everyone
- Sex Toy 101
- Zine and Button Making (a variety of themes available)
- Roommates, residence, & relationships

Our workshops are also offered on a pre-determined programming schedule. Visit our website or social media for the latest schedule and a full list of our program offerings.

OUR SERVICES

The SHRC partners across the campus and community to support, advocate, and educate around positive sexual health and sexuality.

HAVE QUESTIONS ABOUT...

- On and off campus sexual health services
- Pregnancy options counselling
- Sexually Transmitted Infections or HIV/AIDS
- Contraceptive options
- Safer sex supplies
- Gender-affirming gear/products
- Choosing a sex toy
- OR anything else relating to sex, sexuality, or sexual health needs?

WE CAN HELP!

RESOURCE LIBRARY

We have a well-stocked resource library full of books, zines, and magazines, covering topics such as: how-to guides, sexual and reproductive health, gender and sexuality, dating and relationships, erotica, queer issues, sex and religion, workbooks, and more. Our books are available to borrow for up to two weeks. The SHRC welcomes book suggestions to add to our collection.

INFORMATION HOTSPOT

We have a wide range of free pamphlets and articles providing information on campus and community resources, STIs, contraceptive/birth control options, pregnancy options, HIV/AIDS, hormone therapy, sex toy use and care, inclusive health care providers, supports for survivors of sexual violence, and more.

Additionally, the SHRC manager is here to help connect students to appropriate resources and supports available on campus and in the wider community.